

**AUSTIN COMPOUNDING PHARMACY COVID 19 PREVENTION AND TREATMENT ORDERS**

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PT NAME: \_\_\_\_\_ DOB: \_\_\_\_\_ WT: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ PHONE: \_\_\_\_\_ COVID+ \_\_\_\_\_

**\*\*\*COVID ORDERS \*\*\* THE FIRST 10 ITEMS ARE PRESCRIPTION ONLY\*\*\***

1. **Ivermectin 12mg ,16mg, 18mg , \_\_\_mg** :1 a week for prevention , 2 a day when sick **#12 \$65, #24 \$95, #36 \$120, #50 \$175, #100 \$300** (prevention 0.2mg/kgbw).( **TREATMENT DOSE 0.4-0.6mg/kgbw** )
2. **Hydroxychloroquine** 200mg. #20 2 tab twice daily x 1 day , THEN 1 QD #10 \$65 #20 \$95
3. **Glutathione** 300mg buffered cap (1 a day PRN congestion), #30 \$85 #100 \$250
4. **Saline** nebulizer vials #30 use to dilute Glutathione \$35
5. **Budesonide** 0.5mg 60ML INHALE VIA NEB daily prn lung congestion \$95 OR INSURANCE
6. **NEBULIZER** (781559) #1 \$65 verify if needed, not covered on insurance (one per household)
7. **Medrol Dosepak** #1 2 tab 2 x day x 3 days \$25 wait until pulse Oxy below 95%
8. **Clarithromycin 500mg** 1 bid x 5 day #10 \$35( insurance ok)--only if get secondary infection
9. **Azithromycin** zpak 1 every day #6 \$25 ( insurance ok)--only if get secondary infection
10. **Fluvoxamine** 50mg 2 x day for long-haulers ( start after 10 days if long hauling)

**\*\*\*\*\*CORONA SIX PACK SUGGESTIONS (NON-PRESCRIPTION ITEMS) \*\*\*\*\***

1. **Flew-Away:** 1 teaspoonful 2 times daily if infected. (1tsp daily for prevention)
2. **Vit D3: 50,000IU per week for prevention. Or every day for 5 days if infected.** (blood level>50)
3. **Zinc** 30mg daily with food if infected. (10-30 daily for prevention)
4. **Vit C** : 1000mg every hour while awake. (1000mg/ 2 x day prevention)
5. **Vit A** 20,000 IU daily WITH FOOD (10K daily for prevention) (DO NOT TAKE WITH PREGANCY!)
6. **Melatonin** 6 -10mg a day (3 mg for prevention)
7. **VIRACIDE OR INSTENSIN-OL, etc:** 1 cap every hour for 12 doses total. (then 1 cap 2 x day prevention)
8. **NU HIST ( quercetin source)** 2-3 caps three to four times a day ,2 -3 at bedtime if needed.

\*\*\*\*Hot Lemonade 3 lemons, 2 inches ginger root, 1quart H2O, honey to taste (add turmeric

\*\*\*\*Chicken Soup or broth and Water -- lots!

Avoid, Sugar, , Soda Pop, (sugar feeds the virus & lowers immune system) stop Vitamins containing Iron

9. Oxygen saturation is important\*\*\*\* buy a PULSE OXY and OR SPIROMETER (\$35-50)

**\*\*\*\*CIRCLE THE ITEMS YOU WISH TO ORDER. FAX OR EMAIL TO THE STORE AND WE WILL HAVE THE MEDS READY FOR PICK UP IN 2 HOURS FOR ACTIVE INFECTION, AND GIVE THE ORDER FORM TO THE PATIENT TO CLARIFY AND REVIEW YOUR ORDERS. PREVENTION PATIENTS MAY TAKE LONGER WE ARE TRIAGING THE PATIENTS WHILE IN THIS PEAK SEASON**

**Go to [drbeen.com](http://drbeen.com) and [www.FLCCC.NET](http://www.FLCCC.NET) for updates on treatment**

I will try to keep active links on [www.AUSTINCOMPOUNDING.Pharmacy](http://www.AUSTINCOMPOUNDING.Pharmacy)

PRESCRIBER SIG: \_\_\_\_\_ PHONE: \_\_\_\_\_

PRESCRIBERS NAME: \_\_\_\_\_ FAX : \_\_\_\_\_ DATE: \_\_\_\_\_

# I-MASK+

## PREVENTION & EARLY OUTPATIENT TREATMENT PROTOCOL FOR COVID-19

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### PREVENTION PROTOCOL

<b>Ivermectin<sup>1</sup></b>	<b>Chronic Prevention</b> 0.2 mg/kg per dose (take with or after a meal) — twice a week for as long as disease risk is elevated in your community <b>Post COVID-19 Exposure Prevention<sup>2</sup></b> 0.4 mg/kg per dose (take with or after a meal) — one dose today, repeat after 48 hours
<b>Vitamin D3</b>	1,000–3,000 IU/day
<b>Vitamin C</b>	500–1,000 mg twice a day
<b>Quercetin</b>	250 mg/day
<b>Zinc</b>	30–40 mg/day (elemental zinc)
<b>Melatonin</b>	6 mg before bedtime (causes drowsiness)
<b>Gargle mouthwash</b>	2 x daily – gargle (do not swallow) antiseptic mouthwash with cetylpyridinium chloride (e.g. Scope™, Act™, Crest™), Listerine™ with essential oils, or povidone/iodine 1% solution as alternative.

### EARLY OUTPATIENT PROTOCOL<sup>3</sup>

<b>Ivermectin<sup>1</sup></b>	0.4–0.6 mg/kg per dose (take with or after a meal) — one dose daily, take for 5 days or until recovered Use upper dose range if: 1) in regions with aggressive variants (e.g. "Delta" variant); 2) treatment started on or after day 5 of symptoms or in pulmonary phase; or 3) multiple comorbidities/risk factors.
<b>Fluvoxamine<sup>4</sup></b>	50 mg twice daily for 10–14 days Add to ivermectin if: 1) minimal response after 2 days of ivermectin; 2) in regions with more aggressive variants; 3) treatment started on or after day 5 of symptoms or in pulmonary phase; or 4) numerous comorbidities/risk factors. Avoid if patient is already on an SSRI.
<b>Nasal/oral rinse</b>	3x daily – gargle (do not swallow) antiseptic mouthwash with cetylpyridinium chloride (e.g. Scope™, Act™, Crest™), Listerine™ with essential oils, or povidone/iodine 1% solution as alternative. Nasal rinse instructions below. <sup>5</sup>
<b>Vitamin D3</b>	4,000 IU/day
<b>Vitamin C</b>	500–1,000 mg twice a day
<b>Quercetin</b>	250 mg twice a day
<b>Zinc</b>	100 mg/day (elemental zinc)
<b>Melatonin</b>	10 mg before bedtime (causes drowsiness)
<b>Aspirin</b>	325 mg/day (unless contraindicated)
<b>Pulse Oximeter</b>	Monitoring of oxygen saturation is recommended (for instructions see page 2)

<sup>1</sup> The dosing may be updated as further scientific studies emerge. The safety of ivermectin in pregnancy has not been definitively established. Use in the 1st trimester should be discussed with your doctor.

<sup>2</sup> To use if a household member is COVID-19 positive, or you have prolonged exposure to a COVID-19 positive patient without wearing a mask

<sup>3</sup> For late phase — hospitalized patients — see the FLCCC's MATH+ Hospital Treatment Protocol for COVID-19 on [www.flccc.net](http://www.flccc.net)

<sup>4</sup> Some individuals who are prescribed fluvoxamine experience acute anxiety which needs to be carefully monitored for and treated by the prescribing clinician to prevent rare escalation to suicidal or violent behavior.

<sup>5</sup> Nasal rinse – 3 x daily. Use 10% povidone/iodine wound wash. Take 1 ml (1/4 tsp) mix with 9 ml saline solution (2 tsp). Use nasal irrigation bottle or syringe.

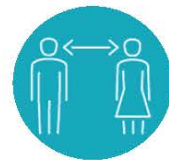
Please regard our **disclaimer** and further information on page 2 of this document.

### Behavioral Prevention



### WEAR MASKS

Wear a cloth, surgical, or N95 mask when in confined, poorly ventilated, crowded indoor spaces with non-household members.



### KEEP DISTANCE

Until the end of the COVID-19 crisis, we recommend keeping a minimum distance of approx. 2m/6 feet in public from people who are not from your own household.



### WASH HANDS

We recommend, after a stay during and after outings from home (shopping, subway etc.), a thorough hand cleaning (20–30 sec. with soap), or also to use a hand disinfectant in between.